



Level 1 Award/Certificate/Diploma in Personal and Social Skills  
603/5752/6 603/5753/8 603/5754/X

### Qualification aim

These qualifications inform and guide the learner on the values, attitudes and personal skills required to thrive in the 21<sup>st</sup> Century. This qualification will focus on the rapidly changing social structures in both work, leisure, families and the ways of life. It considers the social, cultural and family diversity that impact on learners progressing to be strong, independent, resilient individuals and covers the nature of society and self-education including the impact on the journey of life.

### Qualification introduction

This qualification has a flexible route of achievement that will help learners to develop an understanding of the available and relevant routes applicable to their capabilities and aspirations.

### Assessment

The qualification is formed of individual units that are all independent Level 1 Award qualifications. These can be grouped according to personal requirements to achieve an Award, a Certificate and/or a Diploma in Personal and Social Values. The assessment criteria determine the standard required to achieve each unit and allow for a variety of assessment methods to be used as appropriate to the environment the qualification is delivered in.

### Progression

On completion of this qualification learners will be prepared to progress to both level 1 and 2 qualifications in a range of occupations and industries, this could include but would not be limited to apprenticeships.

## Achievement

To achieve the Award a learner must gain 7 credits in any combination from the units available.

To achieve the Certificate a learner must gain a minimum of 14 credits in any combination from the units available.

To achieve the Diploma learners must gain a minimum of 42 credits in any combination from the units available.

NB: Units K/617/6604, Y/617/6601 and Y/617/6596 cannot be used in conjunction with each other to achieve either an Award, a Certificate or a Diploma. Only 2 of these units can be included in any achievement qualification.

<b>Qualification Number</b>		603/5752/6 603/5753/8 603/5754/X
<b>Qualification Framework</b>		RQF
<b>Title</b>		Personal and Social Skills
<b>Qualification Level</b>		Level 1
<b>Guided Learning Hours</b>		70/140/390 GLH
<b>Total Qualification Time</b>		70/140/420 TQT
<b>Qualification Credit Value</b>		7/14/42 Credits
<b>Qualification Grading Structure</b>		Pass / Fail

Unit/Award Title	Unit/QAN	GLH	TQT	Credit Value	Grading
Personal Resilience and Perseverance	Y/617/9675 603/5517/7	20	20	2	Pass/Fail
Understanding the Term Mental Health	J/618/0689 603/5702/2	20	20	2	Pass/Fail
Personal Change Management	A/618/0690 603/5703/4	20	20	2	Pass/Fail
Participation Personal Behaviours and Standards	M/617/5731 603/5609/1	20	20	2	Pass/Fail
Managing your own Finance	D/617/5739 603/5610/8	20	20	2	Pass/Fail

Setting and Achieving Personal Goals	<i>J/618/0773</i> <b>603/5738/1</b>	20	20	2	Pass/Fail
Forming Positive Relationships	<i>L/618/0774</i> <b>603/5739/3</b>	20	20	2	Pass/Fail
Produce a CV	<i>D/617/1562</i> <b>603/5611/X</b>	35	40	4	Pass/Fail
Applying for Opportunities	<i>D/617/1559</i> <b>603/5612/1</b>	15	20	2	Pass/Fail
Career progression opportunities	<i>J/617/5735</i> <b>603/5613/3</b>	15	20	2	Pass/Fail
Transferable Skills and Qualities	<i>Y/617/5738</i> <b>603/5615/7</b>	15	20	2	Pass/Fail
Understanding and Portraying British Values	<i>K/618/0779</i> <b>603/5744/7</b>	20	20	2	Pass/Fail
Equality and Diversity in Everyday Life	<i>R/618/0775</i> <b>603/5740/X</b>	20	20	2	Pass/Fail
Recycling and Waste Management	<i>F/617/6222</i> <b>603/5616/9</b>	45	50	5	Pass/Fail
Problem Solving	<i>J/617/1569</i> <b>603/5617/0</b>	45	50	5	Pass/Fail
Resolving Conflict	<i>Y/618/0776</i> <b>603/5742/3</b>	20	20	2	Pass/Fail
Habit Management	<i>D/618/0777</i> <b>603/5743/5</b>	20	20	2	Pass/Fail
Bullying Awareness	<i>T/618/6052</i>	20	20	2	Pass/Fail
Understanding Radicalisation	<i>A/618/6053</i>	20	20	2	Pass/Fail
Personal Stress Management	<i>F/618/6054</i>	20	20	2	Pass/Fail
County Lines Awareness	<i>K/618/6811</i>	20	20	2	Pass/Fail
Introduction to using Word Processing software	<i>K/617/6604</i>	20	20	2	Pass/Fail
Introduction to Using Spreadsheets	<i>Y/617/6601</i>	20	2	2	Pass/Fail
Digital presence, awareness and safety	<i>Y/617/6596</i>	35	40	4	Pass / Fail
<b>Total</b>					<b>Pass / Fail</b>