



Level 1 Award/Certificate/Diploma in Personal and Social Skills
603/5752/6 603/5753/8 603/5754/X

Qualification aim

These qualifications inform and guide the learner on the values, attitudes and personal skills required to thrive in the 21st Century. This qualification will focus on the rapidly changing social structures in both work, leisure, families and the ways of life. It considers the social, cultural and family diversity that impact on learners progressing to be strong, independent, resilient individuals and covers the nature of society and self-education including the impact on the journey of life.

Qualification introduction

This qualification has a flexible route of achievement that will help learners to develop an understanding of the available and relevant routes applicable to their capabilities and aspirations.

Assessment

The qualification is formed of individual units that are all independent Level 1 Award qualifications. These can be grouped according to personal requirements to achieve an Award, a Certificate and/or a Diploma in Personal and Social Values. The assessment criteria determine the standard required to achieve each unit and allow for a variety of assessment methods to be used as appropriate to the environment the qualification is delivered in.

Progression

On completion of this qualification learners will be prepared to progress to both level 1 and 2 qualifications in a range of occupations and industries, this could include but would not be limited to apprenticeships.

Achievement

To achieve the Award a learner must gain 7 credits in any combination from the units available.

To achieve the Certificate a learner must gain a minimum of 14 credits in any combination from the units available.

To achieve the Diploma learners must gain a minimum of 42 credits in any combination from the units available.

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| Qualification Number | | 603/5752/6 603/5753/8 603/5754/X |
| Qualification Framework | | RQF |
| Title | | Personal and Social Skills |
| Qualification Level | | Level 1 |
| Guided Learning Hours | | 70/140/390 GLH |
| Total Qualification Time | | 70/140/420 TQT |
| Qualification Credit Value | | 7/14/42 Credits |
| Qualification Grading Structure | | Pass / Fail |

| Unit/Award Title | Unit/QAN | GLH | TQT | Credit Value | Grading |
|---|--------------------------|-----|-----|--------------|-----------|
| Personal Resilience and Perseverance | Y/617/9675 603/5517/7 | 20 | 20 | 2 | Pass/Fail |
| Understanding the Term Mental Health | J/618/0689 603/5702/2 | 20 | 20 | 2 | Pass/Fail |
| Personal Change Management | A/618/0690 603/5703/4 | 20 | 20 | 2 | Pass/Fail |
| Participation Personal Behaviours and Standards | M/617/5731 603/5609/1 | 20 | 20 | 2 | Pass/Fail |
| Managing your own Finance | D/617/5739 603/5610/8 | 20 | 20 | 2 | Pass/Fail |
| Setting and Achieving Personal Goals | J/618/0773 603/5738/1 | 20 | 20 | 2 | Pass/Fail |
| Forming Positive Relationships | L/618/0774 603/5739/3 | 20 | 20 | 2 | Pass/Fail |

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|---|--|------------|------------|-----------|--------------------|
| Produce a CV | <i>D/617/1562</i> 603/5611/X | 35 | 40 | 4 | Pass/Fail |
| Applying for Opportunities | <i>D/617/1559</i> 603/5612/1 | 15 | 20 | 2 | Pass/Fail |
| Career progression opportunities | <i>J/617/5735</i> 603/5613/3 | 15 | 20 | 2 | Pass/Fail |
| Transferable Skills and Qualities | <i>Y/617/5738</i> 603/5615/7 | 15 | 20 | 2 | Pass/Fail |
| Understanding and Portraying British Values | <i>K/618/0779</i> 603/5744/7 | 20 | 20 | 2 | Pass/Fail |
| Equality and Diversity in Everyday Life | <i>R/618/0775</i> 603/5740/X | 20 | 20 | 2 | Pass/Fail |
| Recycling and Waste Management | <i>F/617/6222</i> 603/5616/9 | 45 | 50 | 5 | Pass/Fail |
| Problem Solving | <i>J/617/1569</i> 603/5617/0 | 45 | 50 | 5 | Pass/Fail |
| Resolving Conflict | <i>Y/618/0776</i> 603/5742/3 | 20 | 20 | 2 | Pass/Fail |
| Habit Management | <i>D/618/0777</i> 603/5743/5 | 20 | 20 | 2 | Pass/Fail |
| Bullying Awareness | <i>T/618/6052</i> | 20 | 20 | 2 | Pass/Fail |
| Understanding Radicalisation | <i>A/618/6053</i> | 20 | 20 | 2 | Pass/Fail |
| Personal Stress Management | <i>F/618/6054</i> | 20 | 20 | 2 | Pass/Fail |
| County Lines Awareness | <i>K/618/6811</i> | 20 | 20 | 2 | Pass/Fail |
| Total | | 450 | 480 | 48 | Pass / Fail |